

# CONTENTS

PREFACE .....	4
ABOUT THE AUTHOR .....	8
FROM THE AUTHOR .....	11
BASIS OF THE BODY CLEANSING (THE BODY PURIFICATION FROM DISEASES) .....	16
INTRODUCTION.....	16
STARVATION DIET .....	21
SPIRITUAL PURIFICATION.....	23
MEANS OF PROTECTION FROM EVIL SPIRITS .....	25
PROTECTION AGAINST EVIL USING SALT. WHY IS SALT CALLED WHITE DEATH?! .....	26
THE INTESTINES CLEANSING .....	30
THE INTESTINES CLEANSING WITH SALT WATER .....	30
DYSBACTERIOSIS .....	34
THE LARGE INTESTINES CLEANSING .....	38
THE BODY CLEANSING FROM PARASITES.....	40
METHODS OF THE INTESTINES CLEANSING FROM PARASITES .....	41
ANTI-PARASITIC THERAPY .....	41
TRICHOMONIASIS .....	44
CHLAMYDIA .....	46
CLEANSING OF THE LIVER .....	47
B VITAMINS STRENGTHENING IMMUNITY .....	63
THE NASOPHARYNX CLEANSING .....	66
CLEANSING OF THE KIDNEYS .....	69
CLEANSING OF THE SKIN .....	73
CLEANSING OF THE SPLEEN .....	75
CLEANSING OF THE BLOOD VESSELS, CLEANSING OF THE BODY FROM AN EXTRA LIQUID, INTERMEDIATE CELLS, CHOLESTEROL, AND TOXINS .....	75
THE IMPORTANT INFORMATION .....	77
WHAT IS THE ACADEMY OF REGENERATIVE MEDICINE?.....	78